



Trading During Volatility

How to best use Tradespoon during volatile market conditions

Overview

During times of erratic market activity and uncertainty, finding direction can be challenging. I've put together a guide to help Tradespoon members best navigate market volatility with our tools and services.

Topics:

Section 1: Finding Our Most Recent Commentary

Section 2: Pivot to Recommendation Services

Section 3: Consider Hedge Positions

Section 4: Trader Psychology

Finding Our Most Recent Commentary

Depending on the time of the week, you'll want to look for the most recent Strategy Roundtable or Market Brief video recording

Strategy Roundtable & Market Brief

- Strategy Roundtable sessions are hosted every Friday from 9:30 am to 10:30 am CST. If there's a sell-off or other major market-moving event holding over from the weekend and you're starting a new week, the previous Friday's Strategy Roundtable will cover what happened.
 - [You can register for upcoming Strategy Roundtable sessions here.](#)
 - [You can review recordings of past Strategy Roundtable sessions here.](#)
- Market Brief videos are posted every Tuesday and Thursday afternoon. Keep a lookout for our email updates for the most recent video update, and you can view recordings on the Market Brief & Featured Trades page in our Free Education section.
 - [You can find all past Market Brief recordings here.](#)

Pivot to Recommendation Services

Depending on your current membership level, look to our main recommendation services for guidance. These services add an additional layer of scrutiny and should be visited first before using other screeners and forecast tools.

Market volatility may impact the prediction models used in the following forecasting tools:

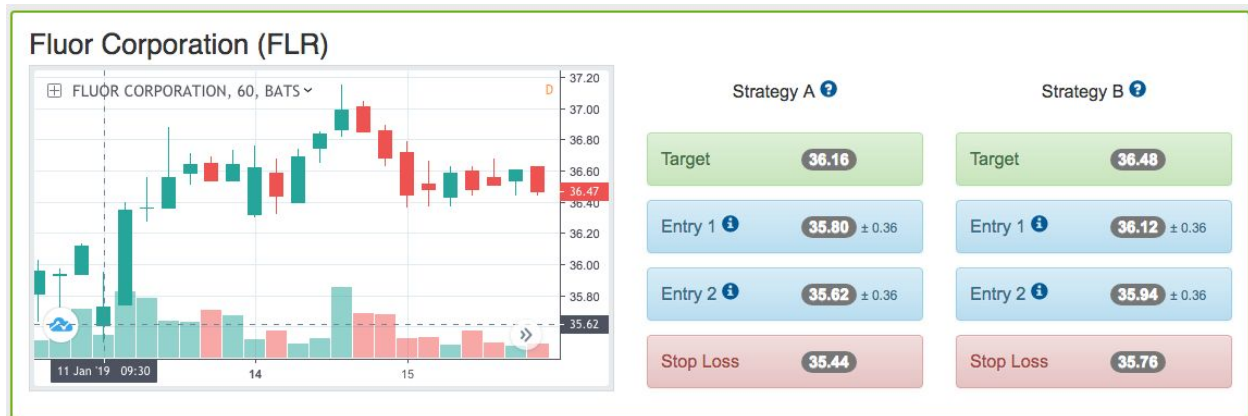
- Stock Forecast Toolbox
- Tradespoon Bulls & Bears
- Seasonal Charts
- Probability Calculator

These tools will serve to show relative support and resistance levels but may not be reliable for absolute values. The algorithmic prediction models used in these tools will adjust to volatility swings within 1-3 trading sessions.

Tradespoon members should give more weight to the following services during volatility as they add an additional level of scrutiny and consideration from our portfolio management team.

ActiveTrader

- ActiveTrader is intended for intraday trading and is included in all paid membership plans.
- AT publishes a list of 3 bullish and 3 bearish stock and option trade recommendations each evening for the following trading day. The lists are sent via email each evening and you can also enroll in SMS alerts.



ActiveTrader- Bullish Stock Strategy

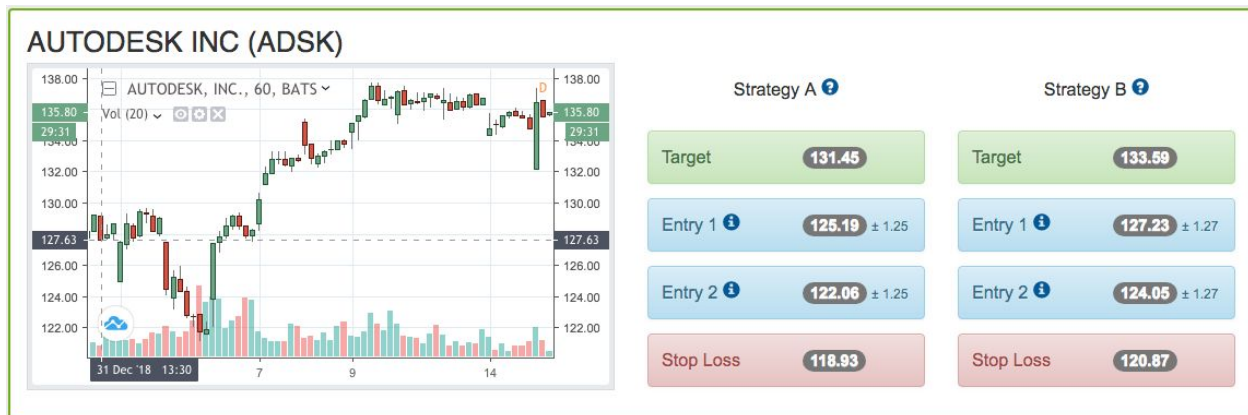


ActiveTrader- Bullish Option Strategy

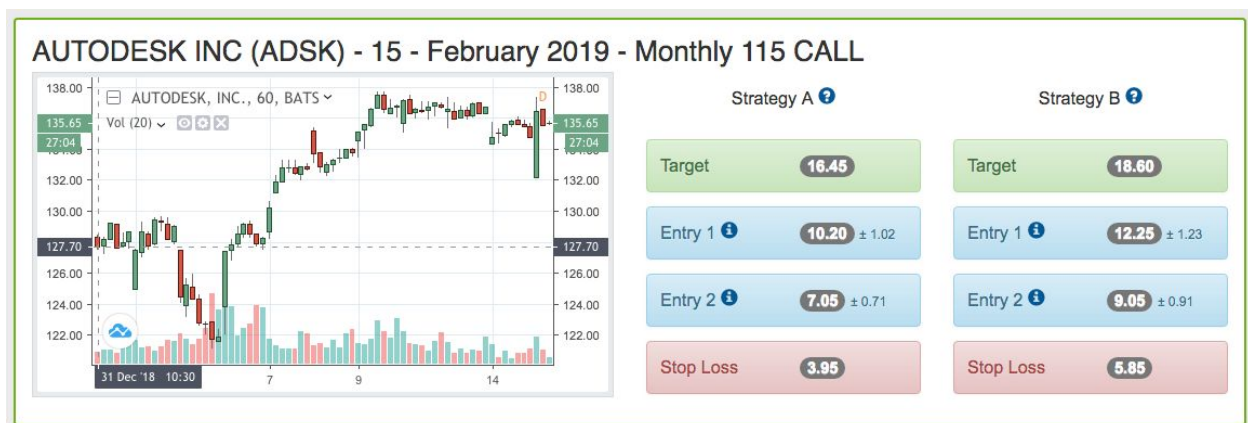
- Signals can last for 1-2 days as long as the vector in a 10-day forecast confirms the same direction as the original pick, **although this service is best used for intraday trading**. The two strategy columns should be followed according to premarket movement of \$SPX from the previous session's close.
- You can learn more about using the ActiveTrader service by reviewing our [Short-term Trading Plan Guide](#)

MonthlyTrader

- MonthlyTrader is intended for positions held 5-20 days on average or until Target/Stop Loss levels are hit. MonthlyTrader is included in the Tools and Premium membership plans, or available as a standalone service.



MonthlyTrader- Bullish Stock Strategy



MonthlyTrader- Bullish Option Strategy

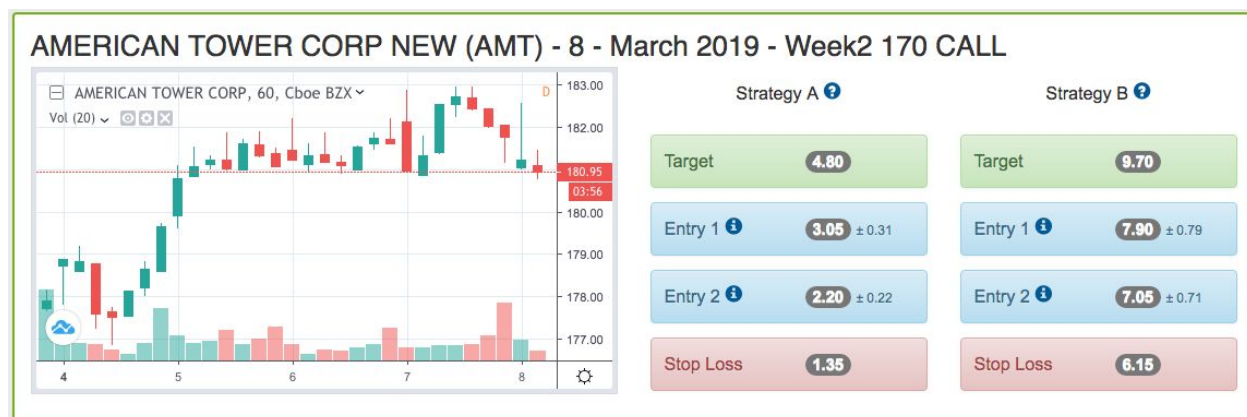
- The entry prices are calculated for Monday's trading day, using Friday's trading data- so typically Vlad will enter these trades on that Monday after the list is released. If there is not a gap up or gap down in the market over 1%, it is possible to enter the trade within a 0.5% slippage range within a week's time. You could also refer to the 20-50 day outlook in the **Seasonal Charts** for that stock if a week has passed, as those forecasts are updated each Sunday evening.
- You can learn more about using the MonthlyTrader service by reviewing our [Long-term Trading Plan Guide](#).
- We also suggest reviewing our [Slippage Guide](#) for direction on how much slippage to allow between recommended prices and entry prices.

WeeklyTrader

- WeeklyTrader is intended for positions held 2-5 days on average or until Target/Stop Loss levels are hit. WeeklyTrader is included in the Elite Trading Circle membership plan, or available as a standalone service.



WeeklyTrader- Bullish Stock Strategy



WeeklyTrader- Bullish Option Strategy

- The entry prices are calculated for Monday's trading day, using Friday's trading data- so typically Vlad will enter these trades on that Monday after the list is released. If there is not a gap up or gap down in the market over 1%, it is possible to enter the trade within a 0.5% slippage range within a week's time.
- You can learn more about using the WeeklyTrader service by reviewing our [WeeklyTrader Guide](#).

Premium Member Picks

- Premium Member Picks provides stock, option and option spread recommendations for swing trades. Vlad Karpel will be trading the option spreads with his own personal capital for each pick. This service is exclusive to the Premium membership plan.
- In Premium Member Picks, Vlad holds positions for 20-30 days and looks for a 20-40% target gain when using options. You will get email and SMS alerts for all working orders operating under a given open position. You'll know when Vlad opens and closes a position or makes any adjustments.

Symbol	Close Price	52-Week High	52-Week Low	Volatility Change	ROC	POS	EM	Expiration Date
RTN	208.91	209.49	143.28	28%	40%	68%	\$7.40	03-16-2018

Stock Trade	
Strategy	BUY Stock
Symbol	RTN
Entry Price	\$208.91
Target Gain	\$8.40
Max Loss	\$8.40

Option Trade	
Strategy	BUY
Option	MAR 2018 200 CALL
Price	\$11.25
Target Gain	\$11.25
Max Loss	\$11.25

Option Spread Trade	
Strategy	Option Spread
SELL	MAR 2018 210 CALL for \$4.90
BUY	MAR 2018 200 CALL for \$11.25
Max Gain	\$3.65
Max Loss	\$6.35

Place Virtual Trade

Place Virtual Trade

Place Virtual Trade

Working Orders

Stock Chart

Key Stock Events

News & Commentary


Probability Calculator

ORDER DATE	DETAILS	ACTION	PRICE *	NOTES	STATUS	FILL DATE
January 28, 2018	MAR 2018 210 CALL / MAR 2018 200 CALL	BUY	NET DEBIT: \$6.35	Open Position	CANCELLED	N/A
January 29, 2018	MAR 2018 210 CALL / MAR 2018 200 CALL	BUY	NET DEBIT: \$6.80	Open Position	FILLED	January 29, 2018
February 15, 2018	MAR 2018 210 CALL / MAR 2018 200 CALL	SELL	NET CREDIT: \$8.00	Close Position	FILLED	February 15, 2018


- We also suggest reviewing our [Slippage Guide](#) for direction on how much slippage to allow between recommended prices and entry prices.

RoboInvestor

- Tradespoon's RoboInvestor is a portfolio construction and recommendation service for long-term buy/hold stock positions. This service is included in the Premium Membership or available as a standalone annual subscription service.
- These positions are traded with real capital and can be monitored by visiting the RoboInvestor Portfolio. This portfolio will include defensive positions designed to mitigate risk associated with market volatility.

**Tradespoon**
TRADE SMARTER

From the desk of Vlad Karpel,
Founder and Chief Investment Officer

**RoboInvestor****RoboInvestor Volume 1, Issue 6 – June 1, 2018****Dramatic Headlines Make for Volatile Landscape**

The market landscape of the past couple weeks has been fraught with headline risk that resulted in several big moves in many asset classes and key stocks that tend to dominate investor sentiment. I

- If you are subscribed to RoboInvestor or you have a Premium Membership with Tradespoon, you'll get email and SMS alerts any time our trading team opens, adjusts or closes a position in the portfolio.

Consider a Hedge Position

- You can also consider finding a hedge position to buffer your portfolio against volatility. These can range from long positions on **VXXB** or **TLT** to using option strategies like **VXXB** call spreads, selling **SPY** call spreads or buying **SPY** puts.
- You can learn more about these option strategies in our [Trading Guide eBook](#).

Trader Psychology

We encourage our trading community to be acutely aware of psychological influences that can impact trading, particularly during high volatility.

- We brought on an clinical psychologist to help explain these emotional and psychological pitfalls and how to become a better, more well rounded trader by using this awareness to your advantage.

In this workshop Dr. Andrew Menaker will discuss what causes you to repeat the same mistakes over and over again and will provide tips to help increase your profitability by staying true to your trading plan. Most traders talk about improving discipline, and in this workshop Andrew will discuss practical disciplined approaches that are used by professional traders that are grounded in neuroscience. After this workshop you'll have a new perspective on what it means to be a disciplined trader.

Dr. Menaker will also discuss:

- Why it's so hard to stick to your plan
- Utilizing self-awareness and emotion as a tool for profitability and better trading discipline
- Contrary to everything that you may have heard, why trying to eliminate emotion is counter-productive
- Why are professional successful traders different from most of us.

[Watch Workshop Recording](#)

Please let us know if you have any thoughts or questions by contacting our dedicated support team at support@tradespoon.com!

Tradespoon offers private 1-on-1 coaching for self-directed traders who want to build a master trading plan or improve upon existing strategies. [Apply to our 1-on-1 Coaching Program](#)

You can also schedule a quick call with a Product Specialist to review our tools and services at any time. [Schedule a call](#)

To your success,

The Tradespoon Team